SMAC-24: Conversation Starter Kit

The *Stop. Make a Change* programme is being run between **7 and 18 October 2024** to coincide with World Mental Health Day. This year we are asking everyone to '**Re-engage with their own Health, Safety & Wellbeing**' and to do this, we are suggesting that everyone engages in a Conversation Starter initiative.

To help get the best out of the discussions we would suggest:

- Put Tools Down & Turn Phones Off
- Gather Colleagues and Find a Quiet Place
- Open Conversation Starter Pack
- Commence Conversation – We suggest 1 hour minimum
- Record Key Comments
- Agree set of Actions
- Implement Changes.

#StopMakeAChange

CANCER RESEARCH UK

MATES IN MIND

The Diabetes Safety Organisation

Stop. Make a Change.

SMAC-24 CONVERSATION STARTER:
LIFTING OPERATIONS

What types of lifting operations are undertaken on this project?

CANCER RESEARCH UK
MATES IN MIND
The Diabetes Safety Organisation
Stop. Make a Change.

SMAC-24 CONVERSATION STARTER:
LIFTING OPERATIONS

What has made lifting operations safer over the past five years?

CANCER RESEARCH UK
MATES IN MIND
The Diabetes Safety Organisation
Stop. Make a Change.

SMAC-24 CONVERSATION STARTER:
LIFTING OPERATIONS

Are you comfortable with lifting activities that are ongoing or planned for this project?

CANCER RESEARCH UK

MATES IN MIND

The Diabetes Safety Organisation

Stop.
Make a
Change.

SMAC-24 CONVERSATION STARTER:
LIFTING OPERATIONS

Have you ever hurt yourself during a lifting operation/ when lifting something?

CANCER RESEARCH UK

MATES IN MIND

The Diabetes Safety Organisation

Stop.
Make a
Change.

SMAC-24 CONVERSATION STARTER:
LIFTING OPERATIONS

Have you ever had problems communicating with a person lifting a load?

CANCER RESEARCH UK

MATES IN MIND

The Diabetes Safety Organisation

Stop.
Make a
Change.

SMAC-24 CONVERSATION STARTER:
LIFTING OPERATIONS

How are manual handling tasks planned on this project?

CANCER RESEARCH UK

MATES IN MIND

The Diabetes Safety Organisation

Stop.
Make a
Change.

SMAC-24 CONVERSATION STARTER:
LIFTING OPERATIONS

Do we have good information on the weights of individual items which helps us understand how to handle them safely?

CANCER RESEARCH UK

MATES IN MIND

The Diabetes Safety Organisation

Stop.
Make a
Change.

SMAC-24 CONVERSATION STARTER:
LIFTING OPERATIONS

Do we use lightweight items to help reduce the potential for injury? Or do we make good use of mechanical lifting devices to reduce manual handling?

CANCER RESEARCH UK
MATES IN MIND
The Diabetes Safety Organisation
Stop. Make a Change.

SMAC-24 CONVERSATION STARTER:
LIFTING OPERATIONS

What my colleagues do is their responsibility, not mine. How does this statement make you feel?

CANCER RESEARCH UK

MATES IN MIND

The Diabetes Safety Organisation

Stop.
Make a
Change.

SMAC-24 CONVERSATION STARTER:
LIFTING OPERATIONS

How does feedback work on this project?

CANCER RESEARCH UK

MATES IN MIND

The Diabetes Safety Organisation

Stop.
Make a
Change.

SMAC-24 CONVERSATION STARTER:
LIFTING OPERATIONS

What could we do to make our project even safer?

CANCER RESEARCH UK
MATES IN MIND
The Diabetes Safety Organisation
Stop. Make a Change.