# SMAC-24: Conversation Starter Kit

The *Stop. Make a Change* programme is being run between **8 and 17 October 2024** to coincide with World Mental Health Day. This year we are asking everyone to '**Re-engage with their own Health, Safety & Wellbeing**' and to do this, we are suggesting that everyone engages in a Conversation Starter initiative.

To help get the best out of the discussions we would suggest:

- Put Tools Down & Turn Phones Off
- Gather Colleagues and Find a Quiet Place
- Open Conversation Starter Pack
- Commence Conversation – We suggest 1 hour minimum
- Record Key Comments
- Agree set of Actions
- Implement Changes.

#StopMakeAChange

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SMAC-24 CONVERSATION STARTER:
SLIPS, TRIPS & FALLS

# What are the causes of slips, trips, and falls in the workplace?

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SLIPS, TRIPS & FALLS

# What are the types of injuries that can result from slips and trips?

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# What hazards are currently in my work area that could cause a slip, trip, or fall?

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# How would you rate the walkways on this project?

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# If you saw a potential trip hazard, what would you do about it?

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# If you trip over something on site, do you always repor it?

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# How can we reduce the likelihood of slip and trip incidents?

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# Are slips and trips-type incidents in the workplace preventable? Why?

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