SMAC-24: Conversation Starter Kit

The *Stop. Make a Change* programme is being run between **7 and 18 October 2024** to coincide with World Mental Health Day. This year we are asking everyone to '**Re-engage with their own Health, Safety & Wellbeing**' and to do this, we are suggesting that everyone engages in a Conversation Starter initiative.

To help get the best out of the discussions we would suggest:

- Put Tools Down & Turn Phones Off
- Gather Colleagues and Find a Quiet Place
- Open Conversation Starter Pack
- Commence Conversation – We suggest 1 hour minimum
- Record Key Comments
- Agree set of Actions
- Implement Changes.

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Topics for discussion:

- Respiratory Health
- People Plant Interface
- Mental Health & Work Related Stress
- Cancer
- Access & Egress
- Electrical Installations
- Hand Injuries
- Lifting Operations incl MSDs
- Office Safety
- Risk Zones
- Slips, Trips & Falls
- Working at Height

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SMAC-24 CONVERSATION STARTER:
WORKING AT HEIGHT

Do you feel safe working at height?

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SMAC-24 CONVERSATION STARTER:
WORKING AT HEIGHT

How do you get up to your working place safely?

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SMAC-24 CONVERSATION STARTER:
WORKING AT HEIGHT

Do you ensure that openings are closed and secured against sliding away?

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SMAC-24 CONVERSATION STARTER:
WORKING AT HEIGHT

Have you received instructions on how to work with a harness belt?

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SMAC-24 CONVERSATION STARTER:
WORKING AT HEIGHT

Do you know if there are resources available to be able to rescue at height?

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SMAC-24 CONVERSATION STARTER:
WORKING AT HEIGHT

When working at height, do you always make other people in the vicinity aware of what your task is, and that you may be working above them?

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SMAC-24 CONVERSATION STARTER:
WORKING AT HEIGHT

How can we prevent access to non-authorised persons?

SMAC-24 CONVERSATION STARTER:
WORKING AT HEIGHT

Has anyone experienced and accident while working at height? If so, what effect has this had upon you?

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SMAC-24 CONVERSATION STARTER:
WORKING AT HEIGHT

How can you find out more information about the access equipment you use? How could the information be improved?

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SMAC-24 CONVERSATION STARTER:
WORKING AT HEIGHT

What sort of injuries can occur from the heights you work from?

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WORKING AT HEIGHT

How is the type of access equipment you use selected? When? And by whom?

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WORKING AT HEIGHT

Do you know of anyone who has been injured in a fall from height accident? What impact did it have on their life and their family's life?

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SMAC-24 CONVERSATION STARTER:
WORKING AT HEIGHT

What control measures do you take before undertaking work at height?

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SMAC-24 CONVERSATION STARTER:
WORKING AT HEIGHT

When working at height it's impossible to avoid risks.

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SMAC-24 CONVERSATION STARTER:
WORKING AT HEIGHT

When colleagues use their materials wrongly (e.g. ladders or scaffolding) I would always step in.

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SMAC-24 CONVERSATION STARTER:
WORKING AT HEIGHT

Management has a different perspective on the rules concerning working at height.

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WORKING AT HEIGHT

I sometimes take risks when working at height because I want to be loyal to the company.

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SMAC-24 CONVERSATION STARTER:
WORKING AT HEIGHT

I feel safe working at height.

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SMAC-24 CONVERSATION STARTER:
WORKING AT HEIGHT

What are the most important measures for you to prevent accidents while working at height?

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SMAC-24 CONVERSATION STARTER:
WORKING AT HEIGHT

What should be changed at your current project or working place in relation to working at height?

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