

## SMAC-20: Conversation Starter Kit

The *Stop. Make a Change* programme is being run between **10 and 23 October 2020** to coincide with World Mental Health Day and the European Week for Safety and Health. This year we are asking everyone to '**Re-engage with their own Health, Safety & Wellbeing**' and to do this, we are suggesting that everyone engages in a Conversation Starter initiative.

To help get the best out of the discussions we would suggest:

- Put Tools Down & Turn Phones Off
- Gather Colleagues and Find a Quiet Place
- Open Conversation Starter Pack
- Commence Conversation – We suggest 1 hour minimum
- Record Key Comments
- Agree set of Actions
- Implement Changes.

#StopMakeAChange



Stop.  
Make a  
Change.

**SMAC-20 CONVERSATION STARTER:  
ACCESS & EGRESS**

**Has anyone experienced an accident up close? How did it affect you/others? If not - how do you think people involved in it and those who saw it are affected?**

SMAC-20 CONVERSATION STARTER:  
ACCESS & EGRESS

Would you always step  
in if you saw a colleague  
doing something unsafe?

SMAC-20 CONVERSATION STARTER:  
ACCESS & EGRESS

**Who cares for you and  
wants you to come home  
safe every day?**

**Please answer this question yourself, before  
asking others to do the same.**



**Stop.  
Make a  
Change.**

SMAC-20 CONVERSATION STARTER:  
ACCESS & EGRESS

Would you feel confident speaking up if you have a concern about safety? Do you know how to raise your concerns?

SMAC-20 CONVERSATION STARTER:  
ACCESS & EGRESS

**What my colleagues do is their  
responsibility, not mine.**

**What do you think when you  
hear that statement?**

SMAC-20 CONVERSATION STARTER:  
ACCESS & EGRESS

Have you ever received a  
compliment for working  
safely and if so, what was it?

SMAC-20 CONVERSATION STARTER:  
ACCESS & EGRESS

What could we do to make  
our company even safer?



Stop.  
Make a  
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SMAC-20 CONVERSATION STARTER:  
ACCESS & EGRESS

What trip hazards are there  
in your workplace?

SMAC-20 CONVERSATION STARTER:  
ACCESS & EGRESS

What measures are put in place  
to make sure everyone is safe  
getting to and from work?

SMAC-20 CONVERSATION STARTER:  
ACCESS & EGRESS

**What types of accidents  
happen when travelling to  
and from work?**

SMAC-20 CONVERSATION STARTER:  
ACCESS & EGRESS

Have you ever had an  
accident tripping at  
work?



Stop.  
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SMAC-20 CONVERSATION STARTER:  
ACCESS & EGRESS

How do we prevent  
unauthorised people  
from entering offices and  
sites?

SMAC-20 CONVERSATION STARTER:  
ACCESS & EGRESS

Do you get time before  
starting work to think about  
safety?

SMAC-20 CONVERSATION STARTER:  
ACCESS & EGRESS

Who is responsible to keep  
your workplace and the  
route into work safe?

SMAC-20 CONVERSATION STARTER:  
ACCESS & EGRESS

**What can we do as a team  
to make our entrances  
and exits safer?**