

## SMAC-20: Conversation Starter Kit

The *Stop. Make a Change* programme is being run between **10 and 23 October 2020** to coincide with World Mental Health Day and the European Week for Safety and Health. This year we are asking everyone to '**Re-engage with their own Health, Safety & Wellbeing**' and to do this, we are suggesting that everyone engages in a Conversation Starter initiative.

To help get the best out of the discussions we would suggest:

- Put Tools Down & Turn Phones Off
- Gather Colleagues and Find a Quiet Place
- Open Conversation Starter Pack
- Commence Conversation – We suggest 1 hour minimum
- Record Key Comments
- Agree set of Actions
- Implement Changes.

#StopMakeAChange



Stop.  
Make a  
Change.

SMAC-20 CONVERSATION STARTER:  
RISK ZONES

Should people who work  
near roads/waterways/  
railways have special  
training?

**SMAC-20 CONVERSATION STARTER:  
RISK ZONES**

**List some of the actions  
you could take before  
starting work near a risk  
zone, eg water, traffic or  
excavations**

SMAC-20 CONVERSATION STARTER:  
RISK ZONES

How should we protect  
people in and around high  
risk zones?

SMAC-20 CONVERSATION STARTER:  
RISK ZONES

**When was the last time  
you worked in such areas?  
What actions did you carry  
out to make the job safe?**

SMAC-20 CONVERSATION STARTER:  
RISK ZONES

Do we have any high risk  
zones on this project?

SMAC-20 CONVERSATION STARTER:  
RISK ZONES

Have you ever worked  
near a road/waterway/  
railway?

SMAC-20 CONVERSATION STARTER:  
RISK ZONES

How do you know if you  
are allowed to enter a  
high risk zone?