

## SMAC-21: Conversation Starter Kit

The *Stop. Make a Change* programme is being run between **11 and 22 October 2021** to coincide with World Mental Health Day and the European Week for Safety and Health. This year we are asking everyone to '**Re-engage with their own Health, Safety & Wellbeing**' and to do this, we are suggesting that everyone engages in a Conversation Starter initiative.

To help get the best out of the discussions we would suggest:

- Put Tools Down & Turn Phones Off
- Gather Colleagues and Find a Quiet Place
- Open Conversation Starter Pack
- Commence Conversation – We suggest 1 hour minimum
- Record Key Comments
- Agree set of Actions
- Implement Changes.

#StopMakeAChange



CANCER  
RESEARCH  
UK



Stop.  
Make a  
Change.

SMAC-21 CONVERSATION STARTER:  
HAND INJURIES

Why do you think so many  
incidents result in hand  
injuries?



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UK



Stop.  
Make a  
Change.

SMAC-21 CONVERSATION STARTER:  
HAND INJURIES

**Have you ever had a hand injury at work? What would you do differently now if you were in the same situation?**



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Stop.  
Make a  
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SMAC-21 CONVERSATION STARTER:  
HAND INJURIES

**Do you ensure you have  
selected the right hand  
tool for the task?**



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UK



Stop.  
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SMAC-21 CONVERSATION STARTER:  
HAND INJURIES

Do you use an 'approved'  
Monitoring System on  
hand-held vibration  
tools?



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SMAC-21 CONVERSATION STARTER:  
HAND INJURIES

**Are the correct guards in  
place on hand tools and  
are they in good order and  
checked?**



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SMAC-21 CONVERSATION STARTER:  
HAND INJURIES

**Do you think manual tasks  
could be planned better to  
remove the hazards?**



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SMAC-21 CONVERSATION STARTER:  
HAND INJURIES

**What task-specific gloves are available and worn at work?**



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SMAC-21 CONVERSATION STARTER:  
HAND INJURIES

If you were to suffer a  
serious hand injury, how  
would it affect you?



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RESEARCH  
UK



Stop.  
Make a  
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