

## SMAC-21: Conversation Starter Kit

The *Stop. Make a Change* programme is being run between **11 and 22 October 2021** to coincide with World Mental Health Day and the European Week for Safety and Health. This year we are asking everyone to '**Re-engage with their own Health, Safety & Wellbeing**' and to do this, we are suggesting that everyone engages in a Conversation Starter initiative.

To help get the best out of the discussions we would suggest:

- Put Tools Down & Turn Phones Off
- Gather Colleagues and Find a Quiet Place
- Open Conversation Starter Pack
- Commence Conversation – We suggest 1 hour minimum
- Record Key Comments
- Agree set of Actions
- Implement Changes.

#StopMakeAChange



CANCER  
RESEARCH  
UK



Stop.  
Make a  
Change.

SMAC-21 CONVERSATION STARTER:  
RESPIRATORY HEALTH

**What impacts are caused  
by dust from cutting  
and drilling of wood and  
concrete, etc?**



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SMAC-21 CONVERSATION STARTER:  
RESPIRATORY HEALTH

**Do you understand how  
harmful work-produced  
dust is? And the link with  
cancers?**



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SMAC-21 CONVERSATION STARTER:  
RESPIRATORY HEALTH

How can we reduce  
dust on this project?



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SMAC-21 CONVERSATION STARTER:  
RESPIRATORY HEALTH

**Do we rely on dust masks?  
Are we sure they are properly  
protecting our lungs?**



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SMAC-21 CONVERSATION STARTER:  
RESPIRATORY HEALTH

When was the last time you  
had a face fit test?



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