

SMAC-21: Conversation Starter Kit

The *Stop. Make a Change* programme is being run between **11 and 22 October 2021** to coincide with World Mental Health Day and the European Week for Safety and Health. This year we are asking everyone to '**Re-engage with their own Health, Safety & Wellbeing**' and to do this, we are suggesting that everyone engages in a Conversation Starter initiative.

To help get the best out of the discussions we would suggest:

- Put Tools Down & Turn Phones Off
- Gather Colleagues and Find a Quiet Place
- Open Conversation Starter Pack
- Commence Conversation – We suggest 1 hour minimum
- Record Key Comments
- Agree set of Actions
- Implement Changes.

#StopMakeAChange



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Topics for discussion:

- Respiratory Health
- People Plant Interface
- Mental Health & Work Related Stress
- Cancer
- Access & Egress
- Electrical Installations
- Hand Injuries
- Lifting Operations incl MSDs
- Office Safety
- Risk Zones
- Slips, Trips & Falls
- Working at Height

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SMAC-21 CONVERSATION STARTER:
WORKING AT HEIGHT

Do you feel safe
working at height?



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SMAC-21 CONVERSATION STARTER:
WORKING AT HEIGHT

How do you get up to
your working place
safely?



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SMAC-21 CONVERSATION STARTER:
WORKING AT HEIGHT

**Do you ensure that
openings are closed
and secured against
sliding away?**



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SMAC-21 CONVERSATION STARTER:
WORKING AT HEIGHT

Have you received
instructions on how to
work with a harness belt?



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SMAC-21 CONVERSATION STARTER:
WORKING AT HEIGHT

**Do you know if there are
resources available to be
able to rescue at height?**



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SMAC-21 CONVERSATION STARTER:
WORKING AT HEIGHT

When working at height, do you always make other people in the vicinity aware of what your task is, and that you may be working above them?



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SMAC-21 CONVERSATION STARTER:
WORKING AT HEIGHT

How can we prevent access
to non-authorised persons?



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SMAC-21 CONVERSATION STARTER:
WORKING AT HEIGHT

**Has anyone experienced
and accident while working
at height? If so, what effect
has this had upon you?**



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SMAC-21 CONVERSATION STARTER:
WORKING AT HEIGHT

How can you find out more information about the access equipment you use? How could the information be improved?



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SMAC-21 CONVERSATION STARTER:
WORKING AT HEIGHT

**What sort of injuries can
occur from the heights you
work from?**



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SMAC-21 CONVERSATION STARTER:
WORKING AT HEIGHT

**How is the type of access
equipment you use selected?
When? And by whom?**



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SMAC-21 CONVERSATION STARTER:
WORKING AT HEIGHT

Do you know of anyone who has been injured in a fall from height accident? What impact did it have on their life and their family's life?



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SMAC-21 CONVERSATION STARTER:
WORKING AT HEIGHT

**What control measures do
you take before undertaking
work at height?**



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SMAC-21 CONVERSATION STARTER:
WORKING AT HEIGHT

When working at height it's
impossible to avoid risks.



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SMAC-21 CONVERSATION STARTER:
WORKING AT HEIGHT

When colleagues use their materials wrongly (e.g. ladders or scaffolding) I would always step in.



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SMAC-21 CONVERSATION STARTER:
WORKING AT HEIGHT

Management has a
different perspective
on the rules concerning
working at height.



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SMAC-21 CONVERSATION STARTER:
WORKING AT HEIGHT

**I sometimes take risks when
working at height because
I want to be loyal to the
company.**



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SMAC-21 CONVERSATION STARTER:
WORKING AT HEIGHT

I feel safe working at height.



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SMAC-21 CONVERSATION STARTER:
WORKING AT HEIGHT

What are the most important measures for you to prevent accidents while working at height?



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SMAC-21 CONVERSATION STARTER:
WORKING AT HEIGHT

**What should be changed
at your current project or
working place in relation
to working at height?**



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