

SMAC-23: Conversation Starter Kit

The *Stop. Make a Change* programme is being run between 9 and 20 October 2023 to coincide with World Mental Health Day and the European Week for Safety and Health. This year we are asking everyone to '**Re-engage with their own Health, Safety & Wellbeing**' and to do this, we are suggesting that everyone engages in a Conversation Starter initiative.

To help get the best out of the discussions we would suggest:

- Put Tools Down & Turn Phones Off
- Gather Colleagues and Find a Quiet Place
- Open Conversation Starter Pack
- Commence Conversation – We suggest 1 hour minimum
- Record Key Comments
- Agree set of Actions
- Implement Changes.

#StopMakeAChange



Stop.
Make a
Change.

SMAC-23 CONVERSATION STARTER:
ACCESS & EGRESS

What types of incidents can happen when accessing and egressing site?



Stop.
Make a
Change.

SMAC-23 CONVERSATION STARTER:
ACCESS & EGRESS

How do we prevent
unauthorised people from
entering offices and sites?



Stop.
Make a
Change.

SMAC-23 CONVERSATION STARTER:
ACCESS & EGRESS

**What can we do as a team
to make our entrances
and exits safer?**



**Stop.
Make a
Change.**

SMAC-23 CONVERSATION STARTER:
ACCESS & EGRESS

Would you feel confident speaking up if you have a concern about safety? Do you know how to raise your concerns?



Stop.
Make a
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SMAC-23 CONVERSATION STARTER:
ACCESS & EGRESS

**What my colleagues do is their
responsibility, not mine.**

**What do you think when you
hear that statement?**



Stop.
Make a
Change.

SMAC-23 CONVERSATION STARTER:
ACCESS & EGRESS

Have you ever received a
compliment for working
safely and if so, what was it?



Stop.
Make a
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SMAC-23 CONVERSATION STARTER:
ACCESS & EGRESS

What could we do to make
our company even safer?



Stop.
Make a
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SMAC-23 CONVERSATION STARTER:
ACCESS & EGRESS

What trip hazards are there
in your workplace?



Stop.
Make a
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SMAC-23 CONVERSATION STARTER:
ACCESS & EGRESS

What measures are put in place
to make sure everyone is safe
getting to and from work?



Stop.
Make a
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SMAC-23 CONVERSATION STARTER:
ACCESS & EGRESS

What types of accidents
happen when travelling to
and from work?



Stop.
Make a
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SMAC-23 CONVERSATION STARTER:
ACCESS & EGRESS

Do you get time before
starting work to think about
safety?



Stop.
Make a
Change.

SMAC-23
CONVERSATION STARTER:
ACCESS & EGRESS

**Who is responsible to keep
your workplace and the
route into work safe?**



**Stop.
Make a
Change.**