

SMAC-23: Conversation Starter Kit

The *Stop. Make a Change* programme is being run between **9 and 20 October 2023** to coincide with World Mental Health Day and the European Week for Safety and Health. This year we are asking everyone to '**Re-engage with their own Health, Safety & Wellbeing**' and to do this, we are suggesting that everyone engages in a Conversation Starter initiative.

To help get the best out of the discussions we would suggest:

- Put Tools Down & Turn Phones Off
- Gather Colleagues and Find a Quiet Place
- Open Conversation Starter Pack
- Commence Conversation – We suggest 1 hour minimum
- Record Key Comments
- Agree set of Actions
- Implement Changes.

#StopMakeAChange



Stop.
Make a
Change.

SMAC-23 CONVERSATION STARTER:
HAND INJURIES

Why do you think so many
incidents result in hand
injuries?



Stop.
Make a
Change.

SMAC-23 CONVERSATION STARTER:
HAND INJURIES

Have you ever had a hand injury at work? What would you do differently now if you were in the same situation?



Stop.
Make a
Change.

SMAC-23 CONVERSATION STARTER:
HAND INJURIES

**Do you ensure you have
selected the right hand
tool for the task?**



**Stop.
Make a
Change.**

SMAC-22 CONVERSATION STARTER:
HAND INJURIES

Do you use an 'approved'
Monitoring System on
hand-held vibration
tools?



Stop.
Make a
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SMAC-23 CONVERSATION STARTER:
HAND INJURIES

Are the correct guards in
place on hand tools and
are they in good order and
checked?

SMAC-23 CONVERSATION STARTER:
HAND INJURIES

Do you think manual tasks
could be planned better to
remove the hazards?



Stop.
Make a
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SMAC-23 CONVERSATION STARTER:
HAND INJURIES

What task-specific gloves are available and worn at work?



Stop.
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SMAC-23 CONVERSATION STARTER:
HAND INJURIES

If you were to suffer a serious hand injury, how would it affect you?



Stop.
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