

SMAC-23: Conversation Starter Kit

The *Stop. Make a Change* programme is being run between **9 and 20 October 2023** to coincide with World Mental Health Day and the European Week for Safety and Health. This year we are asking everyone to '**Re-engage with their own Health, Safety & Wellbeing**' and to do this, we are suggesting that everyone engages in a Conversation Starter initiative.

To help get the best out of the discussions we would suggest:

- Put Tools Down & Turn Phones Off
- Gather Colleagues and Find a Quiet Place
- Open Conversation Starter Pack
- Commence Conversation – We suggest 1 hour minimum
- Record Key Comments
- Agree set of Actions
- Implement Changes.

#StopMakeAChange



Stop.
Make a
Change.

SMAC-23 CONVERSATION STARTER:
RISK ZONES

Should people who work
near roads/waterways/
railways have special
training?



Stop.
Make a
Change.

**SMAC-23 CONVERSATION STARTER:
RISK ZONES**

**List some of the actions
you could take before
starting work near a risk
zone, eg water, traffic or
excavations**

SMAC-23 CONVERSATION STARTER:
RISK ZONES

How should we protect
people in and around high
risk zones?



Stop.
Make a
Change.

SMAC-23 CONVERSATION STARTER:
RISK ZONES

**When was the last time
you worked in such areas?
What actions did you carry
out to make the job safe?**



**Stop.
Make a
Change.**

SMAC-22 CONVERSATION STARTER:
RISK ZONES

Do we have any high risk
zones on this project?



Stop.
Make a
Change.

SMAC-23 CONVERSATION STARTER:
RISK ZONES

Have you ever worked
near a road/waterway/
railway?



Stop.
Make a
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SMAC-23 CONVERSATION STARTER:
RISK ZONES

How do you know if you
are allowed to enter a
high risk zone?



Stop.
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