

SMAC-23: Conversation Starter Kit

The *Stop. Make a Change* programme is being run between **9 and 20 October 2023** to coincide with World Mental Health Day and the European Week for Safety and Health. This year we are asking everyone to '**Re-engage with their own Health, Safety & Wellbeing**' and to do this, we are suggesting that everyone engages in a Conversation Starter initiative.

To help get the best out of the discussions we would suggest:

- Put Tools Down & Turn Phones Off
- Gather Colleagues and Find a Quiet Place
- Open Conversation Starter Pack
- Commence Conversation – We suggest 1 hour minimum
- Record Key Comments
- Agree set of Actions
- Implement Changes.

#StopMakeAChange



Stop.
Make a
Change.

SMAC-23 CONVERSATION STARTER:
SLIPS, TRIPS & FALLS

What are the causes of
slips, trips, and falls in the
workplace?



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What are the types of
injuries that can result
from slips and trips?



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**What hazards are
currently in my work area
that could cause a slip,
trip, or fall?**



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SMAC-22 CONVERSATION STARTER:
SLIPS, TRIPS & FALLS

How would you rate the
walkways on this project?



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SMAC-23 CONVERSATION STARTER:
SLIPS, TRIPS AND FALLS

If you saw a potential trip hazard, what would you do about it?



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SMAC-22 CONVERSATION STARTER:
SLIPS, TRIPS AND FALLS

If you trip over something on site, do you always report it?



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How can we reduce the
likelihood of slip and trip
incidents?



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Are slips and trips-type incidents in the workplace preventable? Why?



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