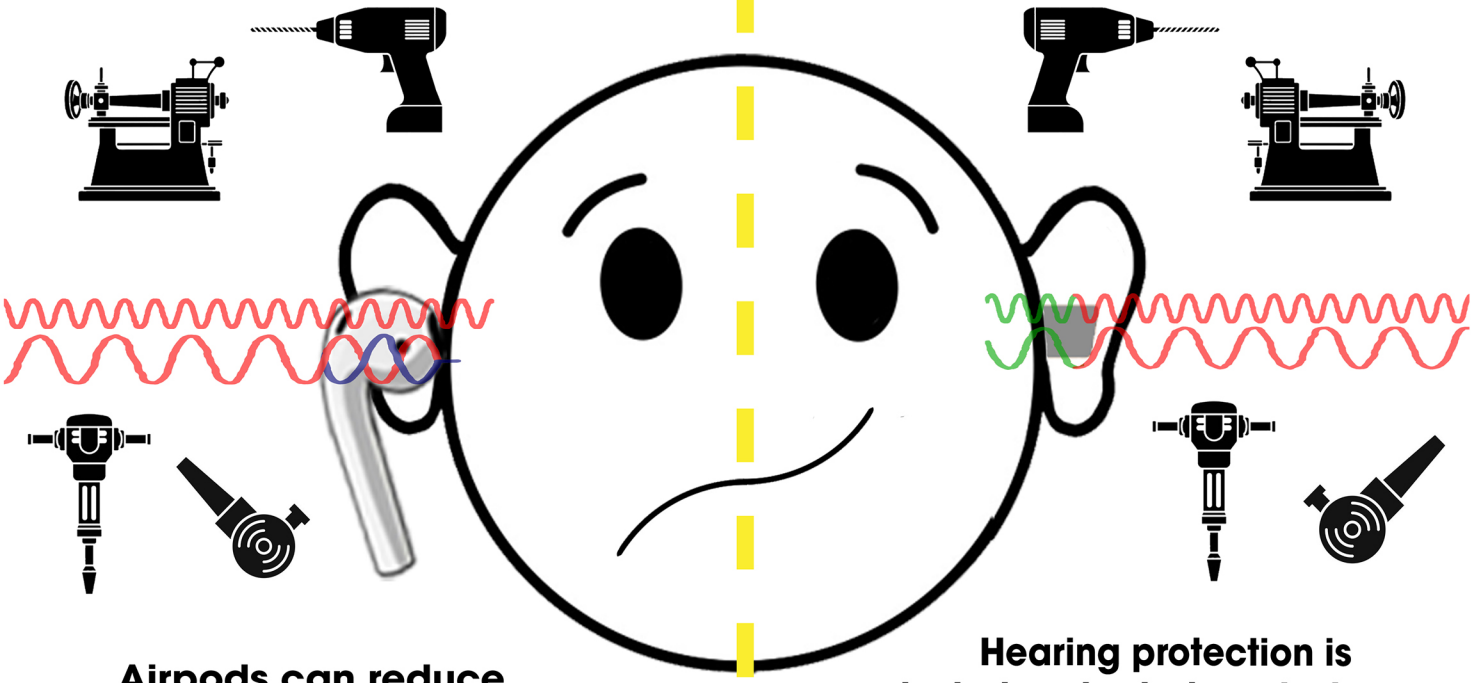
Airpods are NOT hearing protection - Here's why

HCA UK HEARING CONSERVATION ASSOCIATION



✗ Airpods can reduce low-frequency background noise but do not reliably reduce sudden or high-frequency noise like from power tools or impacts.

✗ Not tested or rated as hearing protection so you cannot know if your hearing health is at risk and to what extent.

✓ Hearing protection is tested and rated against standards (such as EN 352) and marked for industrial use (CE/UKCA) which ensures it is fit for purpose and able to attenuate damaging noise.

✓ Supplied with performance information such as SNR and/or frequency data.

Checklist For Protecting Your Hearing Health

- Wear the hearing protection your employer provides.
- Wear it correctly; check its fit each time you put it on.
- Wear it at all times in mandatory hearing protection zones.
- Hearing protection should reduce hazardous noise levels without blocking out alarms or important sounds; put on your hearing protection and check if you can still hear these.
- Check that your hearing protection is adequate (right for the noise hazard) and suitable (right for you and your work tasks). If unsure, speak to your supervisor or safety representative.

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Stop. Make a Change.