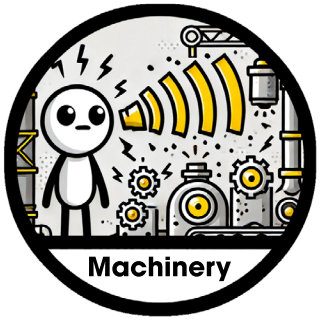
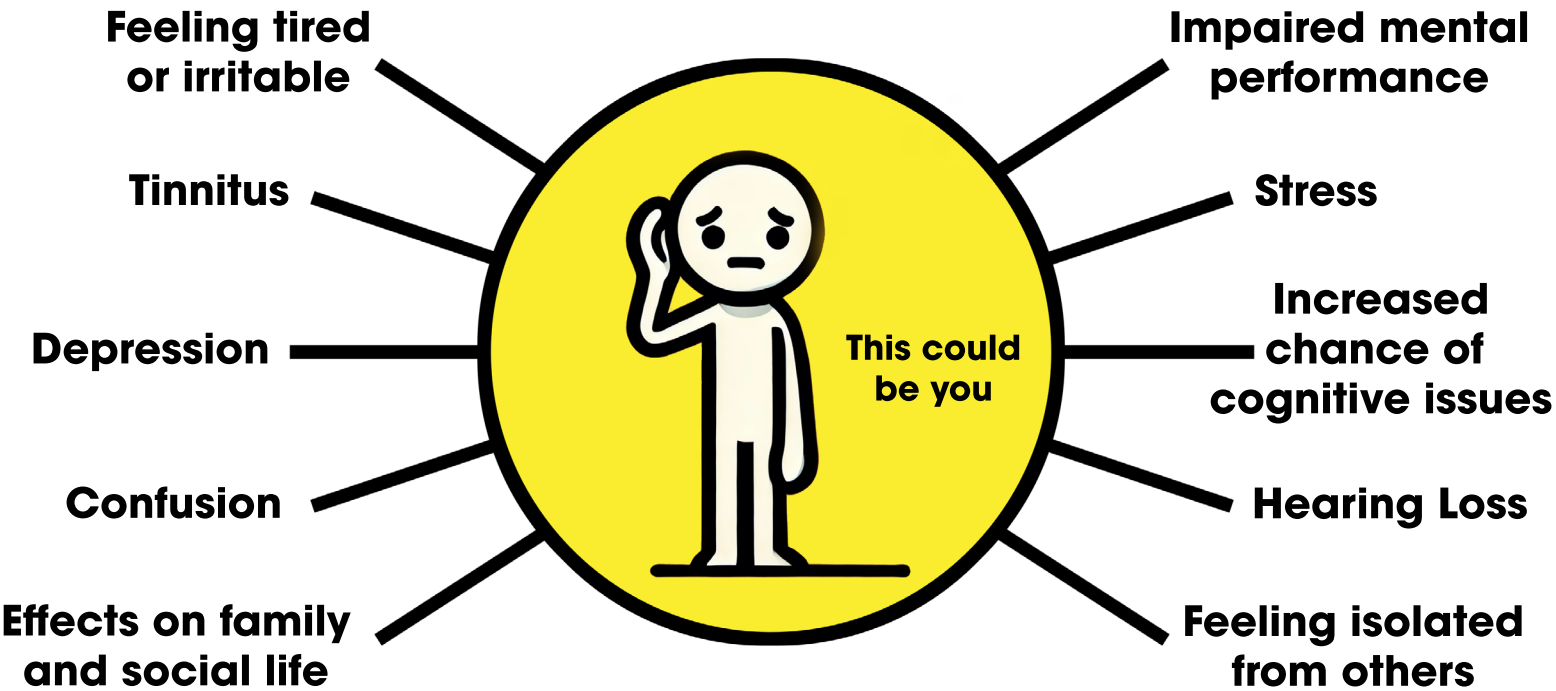
You only have one set of ears!

HCA UK HEARING CONSERVATION ASSOCIATION

Stop. Make a Change.

Damage to your hearing health can be caused by any of these sources

Recreational Sound

Workplace Sound